

What is the PE and Sports Premium?

The government provides additional funding for maintained schools and academies to make additional and sustainable improvements to the quality of PE and Sport. Each school will receive £16,000 plus an extra £10 per pupil each year. For 2022/2023 this money equates to £19,400.

At Rowlatts Mead, we identify the contribution of PE and Sport to the health and well-being of the children. We are firm believers that an innovative and varied PE Curriculum, combined with regular extra-curricular activities have a positive influence on developing children's physical literacy resulting in increased levels of concentration, attitude and academic achievement of all our children.

How do we use the PE and Sports Premium?

At Rowlatts Mead, we aim to use the PE and Sports Premium effectively to see continued improvements against the following five key indicators:

- 1) The engagement of all pupils in regular physical activity – at least thirty minutes of physical activity in school per day.
- 2) The profile of PESSPA being raised across the school as a tool for whole school improvement.
- 3) Increased confidence, knowledge, and skills of all staff in teaching PE and Sport.
- 4) Broader experience of a range of sports and activities offered to all pupils.
- 5) Increased participation in competitive sport.

Details with regards to funding.

Total amount carried over from 2021/2022.	4,490
Total amount allocated for 2022/2023.	19,400
How much (if any) do you intend to carry over from this total fund into 2022/2023?	All
Total amount allocated for 2022/2023.	23,890
Total amount of funding for 2022/2023. To be spent and recorded on by 31 st July 2023.	23,890

Swimming Data 2022/2023

Meeting national curriculum requirements for swimming and water safety.	Percentage 2022/2023
What percentage of your current Year 6 cohort swim competently, confidently and proficiently over a distance of at least 25 metres?	
What percentage of your current Year 6 cohort use a range of strokes effectively (for example, front crawl, backstroke and breaststroke)?	
What percentage of your current Year 6 cohort perform safe self-rescue in different water-based situations?	
Schools can choose to use the Primary PE and Sports Premium to provide additional provision for swimming, but this must be for activity over and above the national curricula requirements. Have you used it in this way?	No.

Action Plan and Evaluation 2022/2023

Key Indicator 1: The engagement of <u>all</u> pupils in regular physical activity – Chief Medical Officer guidelines recommend that primary school children undertake at least 30 minutes of physical activity a day in school.				
School focus with clarity on intended <i>impact on pupils:</i>	Actions to achieve:	Funding allocated:	Evidence and Impact:	Sustainability and suggested next steps:
Increase the engagement of exercise daily for all children ensuring that at least 30 minutes of aerobic exercise is accomplished. <i>Children develop greater enjoyment</i>	Re-establish the Daily Mile for pupils to complete throughout the day. Set up awards for most improved, highest mileage – ks1 and ks2.	£2,011 (this has been shared between Key	Improved percentage of pupils attending after school sports clubs from previous year.	Improved percentage of pupils attending after school sports clubs from previous year.

<p><i>of aerobic exercise (walking, jogging, running, skipping), children's fitness levels improved, and children maintained a healthy weight.</i></p>	<p>Source additional opportunities to attend Health and Well-being festivals.</p> <p>Promote the 'Beat the Street' initiative that was being run by the SSPAN.</p> <p>Continue to promote exercise, diet and healthy living through in other curriculum areas such as Science and PSHE.</p> <p>Introduce year group equipment boxes and source the equipment required to facilitate effective playtime exercise.</p> <p>Employ a skipping coach to run lunchtime sessions – pupils on a daily rota so get the opportunity to participate in the sessions.</p> <p>Swimming has been increased from one year group swimming across the academic year to all of KS2. All year groups within KS2 get a whole term</p>	<p>Indication 1 and 2)</p>	<p>Through monitoring it has been seen that the 30 minutes of daily exercise expected has been adhered to across the school.</p> <p>Children more enthusiastic and excited to participate in exercise – mainly due to the competitive nature brought in by the pedometer and moving minutes.</p> <p>The school performed well in the city's Beat the Street initiative showing that even during the lockdown they were getting out and engaging in some exercise.</p>	<p>Through monitoring it has been seen that the 30 minutes of daily exercise expected has been adhered to across the school.</p> <p>Children more enthusiastic and excited to participate in exercise – mainly due to the competitive nature brought in by the pedometer and moving minutes.</p> <p>The school performed well in the city's Beat the Street initiative showing that even during the lockdown they were getting out and engaging in some exercise.</p>
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	of swimming. This is increasing water safety and confidence.			
Key Indicator 2: The profile of PESSPA being raised across the school as a tool for whole school improvement.				
School focus with clarity on intended <i>impact on pupils:</i>	Actions to achieve:	Funding allocated:	Evidence and Impact:	Sustainability and suggested next steps:
<p>Provide pupils with an education that equips them with the behaviours and attitudes necessary for their success in their next stages of learning and for the rest of life.</p> <p><i>Pupils become equipped with the behaviours and attitudes to enable them to be successful in PE in their next stage of education and further life.</i></p>	<p>Celebrate the achievements of pupils participating in sporting events/competitions/clubs inside and outside of school – through PE celebration assemblies.</p> <p>Increase and broaden the profile of PE at lunchtimes.</p> <p>Promote and encourage pupils to attend Sports Clubs and representing the school – badges given for clubs and also for representing the school.</p> <p>Use social media to share accomplishments and opportunities i.e., to join clubs, taster days, sports events in the city and county.</p>	<p>£2,011 (this has been shared between Key Indication 1 and 2)</p>	<p>Improved performance within the various competitions that the school have entered across the year.</p> <p>School were awarded a “Fair Play” award in one of the competitions attended showing that they are competing with the correct values.</p>	<p>Continue to raise the profile of PE, Sport and a Healthy Lifestyle to both pupils and parents. Host a Health and Wellbeing event for parents and pupils to participate in.</p> <p>Continue to celebrate successes through assemblies, social media platforms.</p>

	<p>Specific orienteering units of work to be implemented to raise the profile of outdoor and adventurous activity. This will lead to more children being confident outside and enjoy a different type of exercise.</p>			
<p>Key Indicator 3: Increased confidence, knowledge, and skills of all staff in teaching PE and Sport.</p>				
<p>School focus with clarity on intended <i>impact on pupils:</i></p>	<p>Actions to achieve:</p>	<p>Funding allocated:</p>	<p>Evidence and Impact:</p>	<p>Sustainability and suggested next steps:</p>
<p>Improve the planning, teaching and assessment of PE across the school. <i>Teachers have an increased skillset and confidence in the planning, teaching and assessment of PE – the quality of lessons increases.</i></p>	<p>Source a number of coaches from different organisations to work alongside teachers in the planning, teaching and assessment of PE.</p> <p>SLT to set expectations to staff they must use the coaches to develop their own CPD and provide feedback to the PE co-ordinator.</p> <p>Source a range of opportunities for teachers to develop their CPD from external agencies/companies.</p> <p>Provide time throughout the year for the PE Co-ordinators to deliver</p>	<p>£21,879 (this has been shared between Key Indication 3, 4, and 5)</p>	<p>Through learning walks carried out by the PE co-ordinators PE across the school has been ‘good’.</p> <p>Through the staff audits it has been revealed that staff confidence in the planning, teaching and assessment of PE has increased – mainly due to the availability of observing and co-teaching with the outside coaches.</p>	<p>Identify the needs of teachers and support staff and direct them to bespoke CPD whether this be internal or external - i.e., courses, external coaches to work alongside, time for the PE co-ordinator to work alongside teachers.</p> <p>Continue to refine and improve (where needed) the provision of PE and Sport across the school – develop the two year cycle to increase the number of sports that pupils are exposed to.</p>

	<p>masterclasses in the different sports covered across the academic year.</p> <p>Provide time throughout the year for the PE Co-ordinators to work alongside teachers to develop the current plans to improve quality.</p> <p>Provide time for teachers to observe good practice across the school.</p> <p>PE co-coordinators to carry out learning walks to monitor the planning, delivery and assessment of PE by teaching staff.</p> <p>PE co-ordinators to carry out Pupil Surveys with pupils from KS1 and KS2. Focus on how they feel PE and Sport is being delivered and what the impact has been for them.</p> <p>Staff audits conducted at the end of the year to gauge the views of staff on the PE curriculum, any areas of weakness and strengths. This will be used to source the correct CPD the following academic year.</p>		<p>Planning has improved to ensure it includes progression of skills, knowledge and vocabulary. The quality of planning has improved by PE co-ordinators and teachers meeting to discuss after each unit.</p>	
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Key Indicator 4: Broader experience of a range of sports and activities offered to all pupils.				
School focus with clarity on intended <i>impact on pupils:</i>	Actions to achieve:	Funding allocated:	Evidence and Impact:	Sustainability and suggested next steps:
<p>Increase the number and variety of sports that are exposed to children. <i>Children participate in an increased number of sports allowing them to increase their experiences of sports, learn transferable skills and enable/encourage them to pursue a sport in or out of the school setting.</i></p>	<p>Develop a two-year cycle of PE and Sport plans to expose children a wider range of sports.</p> <p>Increase the number and variety of sports clubs on offer to engage some of the normally less engaged pupils.</p> <p>Source opportunities for coaches to come into school and deliver sessions on sports that would not normally be accessible.</p> <p>Source opportunities for pupils to go out and access opportunities to engage in sports not accessible in the school.</p> <p>PE co-ordinators to carry out Pupil Surveys with pupils from KS1 and KS2. Focus on finding out what sports and clubs that they would like</p>	<p>£21,879 (this has been shared between Key Indication 3, 4, and 5)</p>	<p>Increased and broadened offer of the sports that are on offer during lesson time, dinner clubs and after school clubs. Some additional sports have included:</p> <p>Archery Fencing Boxing</p> <p>Many events, competitions and days have been sourced and attended such as:</p> <p>Football Basketball Tag Rugby Netball Kwik Cricket Dodgeball</p>	<p>Continue to increase the number and breadth of sports clubs offered by staff to continue increasing the engagement of female students.</p> <p>Look to facilitate a sports club aimed at those children not engaging/participating with sports 'Secret Sports Club'.</p>

	<p>to be offered/taught as part of the curriculum offer.</p> <p>Physical interventions to be put in place to close the gap of children who are physically behind or need to build their confidence in movements/sports.</p> <p>Organise specific sports days that engage children in new sports that aren't in the curriculum or wouldn't usually be exposed to (golf).</p>		<p>Badminton</p> <p>Dance Performances</p> <p>Through analysis of pupil surveys it shows that the majority of pupils are happy with the different sports offered in PE and extracurricular sport clubs.</p>	
Key Indicator 5: Increased participation in competitive sport.				
School focus with clarity on intended <i>impact on pupils:</i>	Actions to achieve:	Funding allocated:	Evidence and Impact:	Sustainability and suggested next steps:
<p>Increase the number/percentage of children participating in competitive sport through representing school.</p> <p><i>Children feel a sense of achievement pride and increased confidence.</i></p>	<p>Membership of the Leicester City School Sport and Physical Activity Network – increased number of competitions and events.</p> <p>Trust Network – increased number of competitions and events.</p>	<p>£21,879 (this has been shared between Key Indication 3, 4, and 5)</p>	<p>Spreadsheet of school representation shows an increase in the number of pupils representing school in inter-sport – this is through the SSPAN offer and Trust events.</p> <p>Events included: Football</p>	<p>Continue the actions from this year and target specific students from the current academic year who did not participate.</p>

	<p>Source any other competitions or events taking place within the city.</p> <p>Use the Housing System to promote competitive opportunities through intra-school sport – end of units.</p>		<p>Basketball Tag Rugby Netball Kwik Cricket Dodgeball Badminton Dance Performances</p>	
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